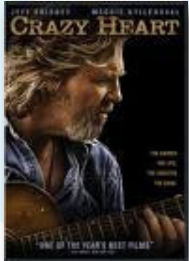




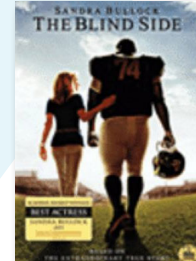
AV Resources



Best Actor (Leading role) :
Jeff Bridges in
“Crazy Heart 聲聲相識”
PN1997 .C729 DVD



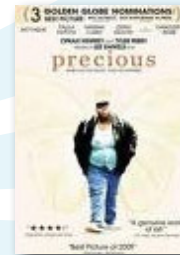
**Best Art Direction &
Best Cinematography:**
“Avatar 阿凡達”
PN1997 .A927 DVD



Best Actress (Leading role) :
Sandra Bullock in
“The Blind Side 守護有心人”
PN1997 .B563 DVD



Best Actor (Supporting role) :
Christoph Waltz in
“Inglourious Basterds
希魔撞正殺人狂”
PN1997 .I534 DVD



Best Actress (Supporting role) :
Mo'Nique in “Precious
天生不是寶貝”
PN1997 .P7324 DVD



Best Director & Best Picture:
Kathryn Bigelow,
“The Hurt Locker 拆彈雄心”
PN1997 .H8675 DVD



Best Animated Feature Film :
“Up 冲天救兵”
PN1997.5 .U6 DVD



Best Foreign Language Film :
“The Secret in Their Eyes
謎情追兇” (Argentina)
PN1997 .A18 S437 DVD

☐ **Resisting the flu : how to minimize your risk** RA644.I6 R47 DVD

With the threat of H1N1 spreading almost daily, learn how to improve resistance rates in the workplace using a few simple habits. Find out how to take care of sick family members in ways that will still protect the caregiver. Understand the differences between symptoms that are minor and those that require immediate medical attention.

About the H1N1 Flu

- Flu refers to illness caused by influenza virus. Individual with the flu can experience a variety of symptoms and effects, from mild to lethal.
- Two strains of flu, seasonal flu and the H1N1 (Swine) flu, were circulating in the United States in 2009. The majority of cases reported in the US were of the H1N1 strain. A third flu strain, the H5N1 (Bird) flu is being closely tracked overseas.
- The H1N1 influenza virus may trigger a more severe flu season with many more people getting sick, being hospitalized and dying than during a regular flu season.

